

April 2019

Marion Local Elementary

LUNCH



"Spring breathes new life into the world around us."

This institution is an equal opportunity provider.



Nutrition Tip: A diet rich in fruits and vegetables can lower blood pressure, reduce risk of heart disease and stroke, and have a positive effect upon blood sugar which can help keep your appetite in check. Eat a variety of types and colors to give your body the mix of nutrients it needs.



Monday

Sloppy Joe Sandwich
Potato Wedges
Steamed Broccoli
Blueberry Muffin
Pears
Milk

1

Tuesday

Walking Taco
Iceberg Lettuce
Cheese & Salsa
Peaches
100% Fruit Juice
Milk

2

Wednesday

Mini Corn Dogs
Baked Beans
Baby Carrots
Pineapple
Cookie
Milk

3

Thursday

Italian Meatballs
Breadsticks w/Sauce
Potato Smiles
Grapes
Milk

4

Friday

Fish Sandwich
Lettuce
Baby Carrots
Baked Chips
Fruit
Milk

5

BBQ Pork Sandwich
Baked Beans
Baby Carrots
Applesauce
Milk

8

Pepperoni Pizza
Romaine Lettuce
Seasoned Peas
Pears
Milk

9

Taco Wedges
Fresh Broccoli
Salsa
Pineapple
100% Fruit Juice
Milk

10

Chicken Patty Sandwich
Iceberg Lettuce
Green Beans
Sidekick
Milk

11

French Toast Sticks
Hash Browns
Baby Carrots
Fruit
Yogurt
Milk

12

Chicken Fajita
WG Tortilla
Refried Beans
Romaine Lettuce
Cheese & Salsa
Peaches
Milk

15

Chicken Nuggets
WG Dinner Roll w/Jelly
Peas
Baby Carrots w/Dip
Pineapple
Milk

16

Mozzarella Melt Sandwich
Iceberg Lettuce
Corn
Apple Slices
Milk

17

Hotdog Sandwich
French Fries
Baked Beans
100% Fruit Juice
Milk

18

No School

19

Salisbury Steak
Mashed Potatoes w/Gravy
Corn
WG Butter Bread
Applesauce
Milk

22

Chicken Quesadilla
Iceberg Lettuce
Corn & Bean Salsa
WG Tortilla Chips
Pears
100% Fruit Juice
Milk

23

Vegetable Soup
WG Cheese Breadstick
Baby Carrots
Peaches
Jonny Pop
Milk

24

Tenderloin Sandwich
Cheesy Potatoes
Steamed Broccoli
Apple Slices
Milk

25

Chicken Strip Wrap
Lettuce & Tomato
Baked Beans
Steamed Carrots
Fruit
Milk

26

Sausage Pizza
Romaine Lettuce
Pineapple
100% Fruit Juice
Milk

29

Grilled Cheese Sandwich
Campbell's Tomato Soup
Celery & Carrots
Peaches
Yogurt
Milk

30

Lunch prices:
Elementary - \$1.65



All meals subject to change based on product availability

