

NOVEMBER 2021

Marion Local High School

LUNCH



Happy Thanksgiving!! Enjoy your time with family and friends!

This institution is an equal opportunity provider



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

Chicken Fajita
Romaine Lettuce
Refried Beans/Tortilla Chips
Cheese & Salsa
Fruit
Milk

1

TUESDAY

Sloppy Joe Sandwich
Cheesy Potatoes
Baby Carrots
Fruit
Graham Crackers
Milk

2

WEDNESDAY

Chicken Drumstick
Mashed Potatoes
Coleslaw
Dinner Roll
Fruit
Milk

3

THURSDAY

Tenderloin Sandwich
Baked Chips
Steamed Broccoli
Fruit
Milk

4

FRIDAY

Pepperoni Pizza
Romaine Lettuce
Bell Peppers
Fruit
100% Fruit Juice
Milk

5

Chicken Nuggets
Green Beans
Celery Sticks
Dinner Roll
Fruit
Milk

8

Mini Corn Dogs
Baked Beans
Baby Carrots
Fruit
100% Fruit Juice
Milk

9

Chicken Patty Sandwich
Corn
Fresh Broccoli
Fruit
Milk

10

BBQ Pork Sandwich
Peas
Coleslaw
Fruit
Mini Rice Krispies Treat
Milk

11

Chicken Quesadilla
Romaine Lettuce
Corn & Bean Salsa
Jonny Pop
Fruit
Milk

12

Taco Meat
Tortilla Chips/Cheese
Iceberg Lettuce/Salsa
Fruit
Teddy Grahams
Milk

15

Salisbury Steak
Mashed Potatoes w/Gravy
Corn
Butter Bread
Fruit
Milk

16

Diced Chicken Sandwich
Potato Smiles
Green Beans
Fruit
Graham Crackers
Milk

17

Chicken Strip Wrap
Lettuce & Tomato
Baked Beans
Fruit
100% Fruit Juice
Milk

18

Pizza Ripper
Romaine Lettuce
Green Beans
Fruit
Milk

19

Italian Meatballs
Breadstick w/Sauce
Romaine Lettuce
Fruit
Milk

22

Creamed Turkey
Mashed Potatoes
Fruit
Pumpkin Bar
Milk

23

Hot Dog Sandwich
Baked Beans
Peas
Fruit
100% Fruit Juice
Milk

24



25

No School!!

26

No School!!

29

Hamburger Sandwich
Lettuce & Tomato
Hashbrown
Fruit
100% Fruit Juice
Milk

29

